



The Knights' Pledge

We at Vermont Technical College take pride in knowing that while we are a small college we offer big outcomes. This success comes from a tight knit community of dedicated students, faculty and staff that works hard to better ourselves and each other. We take pride in knowing and acting in a way that ensures that our behaviors support the community around us. As a member of the Vermont Tech community, I know that I must take action to protect the health of myself and my community during this COVID-19 pandemic. In this spirit, I pledge the following:

In order to best protect myself I pledge to:

- Ensure that I am six feet away from others whenever possible.
- Wear my face covering when in a public location.
- Follow all quarantine requirements.
- Complete daily temperature checks before leaving my residence/home.
- Wash and/or sanitize my hands frequently.

In order to best protect the health of the Vermont Tech Community I pledge to:

- Follow the guidelines outlined in the Health Contract (if a student) that I have signed
- Stay at home and not enter campus if I am sick.
- Stay home and quarantine per guidelines if I come into contact with someone that is sick or tests positive for COVID-19.
- Wear my face covering at all times on campus.
- Clean my personal space in the bathrooms, residence hall room, dining hall, gym, classrooms and labs.
- Be tested for COVID-19 as required by the College and the State.
- Complete my temperature checks daily and will stay at my residence/home if my temperature is over 100.4 F or higher or if I have a cough, difficulty breathing, fatigue, chills and/or shaking, muscle pain, headache, sore throat or loss of taste or smell.

In order to best protect the health of our neighbors and local community I pledge to:

- Follow all requirements regarding no outside guests on campus or in residence halls.
- Maintain physical distancing of 6 feet between myself and others whenever possible.
- Quickly report to the Coordinator of Health Services (Bob Sivret at rsivret@vtc.edu) if I become ill or test positive for COVID-19.



- Consult with my health care professional if I become ill or have to isolate before coming out of quarantine.

I understand that COVID-19 is a novel virus that is having a huge impact on the lives of all community members. I also understand that it is my responsibility to ensure that I am doing my part to try to prevent the spread of COVID-19. In order to do my part I have read and signed the health contract (if a student) that was issued by Vermont Tech and also have read and signed "The Knights' Pledge" and agree to follow all regulations. I know that deliberate disregard of this pledge puts myself, my family and my community at risk. Non-compliance with these expectations may therefore be addressed through VTC student conduct personnel and/or policies and procedures as applicable. I take pride in myself, my community and my College and make this pledge to all.

Signature: _____

Print Name: _____

Date: _____